**COVID-19 Related Government Advice and Information**

Advice and information that authorities may find useful for their own work with children and families and/or may wish to share with their partners.

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| **Area** | **Summary** | **Further Information** |
| **Vulnerable Children and Young People** | Guidance on support for vulnerable children updated as of 1 April 2020. Questions and answers about the provisions being made for vulnerable children and young people. The main change is about education provision during the Easter holidays. | Click [here](https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people) for further information |
| **Well Being** | Advice to support mental health during coronavirus outbreak. People struggling with their mental health during the coronavirus (COVID-19) outbreak will be offered additional online support and practical guidance to help them cope. | Click [here](https://www.gov.uk/government/news/new-advice-to-support-mental-health-during-coronavirus-outbreak) for further information |
| **Well Being** | Advice for parents and carers on looking after the mental health and wellbeing of children or young people during the coronavirus (COVID-19) outbreak. | Click [here](https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing) for further information |
| **Domestic Abuse** | Advice and guidance for those who are experiencing or feel at risk of domestic abuse during the coronavirus (COVID-19) outbreak. Highlights help and support available and how the government is working with the charity sector and the police to ensure that these support services remain open during this challenging time. | Click [here](https://www.gov.uk/government/publications/coronavirus-covid-19-and-domestic-abuse) for further information |
| **Free School Meals** | Schools can provide every child eligible for free school meals with a weekly shopping voucher worth £15 to spend at supermarkets while schools are closed due to coronavirus. They can continue to provide meals for collection or delivery themselves, but where this is not possible, the scheme will allow schools to provide vouchers to families electronically, or as a gift card for those without internet access. | Click [here](https://www.gov.uk/government/news/voucher-scheme-launches-for-schools-providing-free-school-meals) for further information |
| **Closure of Educational Settings** | Information for parents and carers about the closure of schools and other educational settings following the outbreak of coronavirus (COVID-19). | Click [here](https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers) for further information |
| **Internet Service and Mobile Providers** | Measures agreed with telecoms companies to support vulnerable consumers through COVID-19. | Click [here](https://www.gov.uk/government/news/government-agrees-measures-with-telecoms-companies-to-support-vulnerable-consumers-through-covid-19) for further information |

**COVID-19 Support and Advice for Care Experienced Young People**

Information about organisations that are providing support and advice for care leavers and care experienced young people during COVID-19.

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| **Organisation** | **Support** **Available** | **Contact** |
| **Become** | Offering support to care experienced young people who might be feeling anxious about coronavirus. Available to answer questions about the impact on care, offer personal advice or just for someone to talk to. | Phone: 0800 023 203  Email: [advice@becomecharity.org.uk](mailto:advice@becomecharity.org.uk)  Website: [Become](https://www.becomecharity.org.uk/for-young-people/care-advice-line/coronavirus-advice/) |
| **Rees Foundation** | Offering support to care leavers and care experienced young people who may be feeling the impact of coronavirus and facing any difficulties. | Phone: 0330 094 5645  Email: [contactus@reesfoundation.org](mailto:contactus@reesfoundation.org)  Website: [Rees Foundation](http://www.reesfoundation.org/) |
| **Care Matters** | Running virtual support sessions and workshops online for care leavers over the coming weeks. Get in touch for more information, to offer support or to get involved. | Email: [info@career-matters.org](mailto:info@career-matters.org) |
| **UK Youth** | Online information about coronavirus and support for young people. | Website: [UK Youth](https://www.ukyouth.org/wp-content/uploads/2020/03/Covid-19-Young-people-final-2.pdf) |
| **Young Minds** | Online tips for looking after your mental health while self-isolating. | Website: [Young Minds](https://youngminds.org.uk/blog/looking-after-your-mental-health-while-self-isolating/) |
| **NYAS Services** | NYAS are working to continue providing advocacy services to vulnerable children and young people. Get in touch for support. | Phone: 0808 808 1001  Email: [help@nyas.net](mailto:help@nyas.net)  Website: [NYAS](https://www.nyas.net/) |
| **The Children’s Society** | Online information for mental and emotional well-being at this time. | Website: [The Children's Society](https://www.childrenssociety.org.uk/coronavirus-information-and-support) |