# I am Me and I deserve to feel safe!



When we are out and about it can be a bit scary and sometimes other people notice our disabilities or how vulnerable we are feeling.

Read this booklet to help you to stay safe when you are away from home, family and friends.





## What if I get lost?

Sometimes when we are out and about, we stop to look at something or lose sight of the people we are with.

This can be really scary, feeling that we are on our own without anyone to help us.

We might start to:

- Cry
- Panic
- Ask someone who might not be safe for help

#### Who should I tell?

Safe Places is a scheme in Telford and Wrekin that offers lots of safe places to anyone who is lost or feeling scared.

You will know that it is a safe place, because you will see this logo.



#### What do I need to do?



You need to fill in all your details on the card, so that if you do get lost, you won't need to remember your contact details.

By handing in the card, you will know that you are safe and someone will be along to collect you soon.



### People who will help you



# Businesses in Telford and Wrekin who are sponsoring Safe Places



Addenbrooke House	Oak Tree Centre, Lightmoor
Age UK	One Stop Community Store, Malinslee
Aqueduct Primary School	Plush Hill Cycles
Asda Donnington Wood	Polly's Diner
Brookside Central and Community	Rosie in the Garden Florist
Centre	Sainsbury's Telford, The Forge Retail
Co-op Food, Dawley	Park
Christian Centre, Dawley	Taste Not Waste CIC
Darby House	Telford Community Store, Bridge
Flowerfair, Dawley	Retail Park
Grange Park Primary School	Telford Mind, Sutton Hill
Halesfield Day Services, Halesfield	Telford Street Pastors
22	Ten, Bridges Retail Park, Horsehay
Heavenly Quest, Dawley	The Albion Inn, Station Hill
HFT - Supporting people with learning	The Cooperative Stores, Donnington
difficulties	The Sambrook Centre
Hillbrae Charity Shop	Tribes Hair Studio, Dawley
Lakeside Centre, Stirchley	Unit TEN
Lanyon Bowdler Solicitors, Telford	Visitors Centre, Telford Town Park
Majestic Services, Aqueduct	Walkers News, Horsehay
Nisa Local, Little Dawley	. ,